Colchester and Tendring Athletics Club

MINUTES OF THE COMMITTEE MEETING HELD ON 9 MAY 2024

Attendees: Jane Milburn, Jep Ronoh, Talie Stevenson, John Henington, Chris Harvey, Kate Sandercock

Apologies: Kay Thompson, Grainne Hallahan, Simon Styles

1. Minutes of the last meeting and matters arising

All items closed except:

- Action: Kate to email out to officials about codes of conduct/children in cars etc.
- Expenditure agreement: still need Kay to sign. Action: JH to get final signature
- Tablet options.
 - o Action: Talie to get a few options defined in a table
 - £300 for S6 Samsung lite.
 - Will need Windows package est £50 which should be up to 5 devices.
 - Still looking to have 2 so we can run fundamentals as separate sign up and have back up.
 - Need to have one recert option but mixed views on this- some good, some not so good.
 - Needs to include any associated costs to make it durable.
- Update: Wednesday extended opening to happen from 15th May
- Update: Officials
 - Sam I L1 timekeeping and Karen C L1 Field- Did first meeting at Braintree.
 Di Z. due to 'debut' at Essex champs so good progress on getting in Officials. Still want to try and get some more. Action JH to add request to next email that gets sent.
 - Alan progressing to add his experience to get to L2. Action: JH to chase.
- Update: Club Kit- Jenny F has put herself forward- Action: JH to hand over club kit 13/5. Need to ensure that all club kit orders are shared with Treasurer- Action: JH to pass direction onto Jenny.
- Action: JH Still needs to complete the Coaches expenses.

2. Welfare and safeguarding update

- Ongoing: JH did request Nik to do DBS and is in progress.
- Action: Welfare still need to make proposal around improved first aid plan/provision.
- Note: Chris to do First aid at work in July- Required when activities are happening in more isolated areas.
- One incident ongoing JR to lead and make contact with person.
- CH raised about some physical contacting an athlete. Action: Welfare to issue reminders out to coaches on this via Coachs Whatsapp etc.

3. Membership Update

- Update: Website updated for new additions and removed.
- Action: Talie to update EA as needed.

Membership System cost increase.

- Loveadmin now driving a month min fee of £50+vat. Action: TS to add direct debit details to Loveadmin.
- Committee agreed to look for new system
- Basildon use Coacha. Action: JH/TS to make contact
- Also look at use in EA option.
- JH/TS to see what other options there are but must be same or less workload than Loveadmin.

4. Saturday Opening

 Update: Saturday availability confirmed by SS. JH discussion with Sprints coaches initially to see what kind of plan could be made.

5. Summer Competition update

- EAL Cambridge 28 April
 - EAL Bus for Cambridge quite full
 - No. of Athletes up from 37 to 51 compared to last year. Events covered 103 from 90. Points down 622 to 464.5 but much stronger than last year
 - U15/17G down from last year

| EAL Cambridge | | C&C | C&C | | |
|---------------|------------------|---------------|-------------|----------|--------------------|
| | | West Norfolk | Ipswich | | Tougher Opposition |
| | | Luton | Luton | | |
| | | Braintree | Braintree | | |
| | | Leighton Buzz | Southend | | Tougher Opposition |
| | | Col and Ten | Col and Ten | | |
| | | | | | |
| | | Cambridge | Cambridge | | |
| | | 2023 | 2024 | Delta | |
| U13B | Athletes | 7 | 7 | 100% | |
| | Events | 14 | 17 | 121% | |
| | Points scored | 86 | 82.5 | 96% | |
| U15B | Athletes | 4 | 7 | 175% | |
| | Events | 8 | 13 | 163% | |
| | Points scored | 72 | 75 | 104% | |
| U17B | Athletes | 1 | 4 | 400% | |
| | Events | 1 | 8 | 800% | |
| | Points scored | 10 | 34 | 340% | |
| SM | Athletes | 6 | 7 | 117% | |
| | Events | 23 | 21 | 91% | |
| | Points scored | 159 | 62 | 39% | |
| U13G | Athletes | 3 | 5 | 167% | |
| | Events | 8 | 14 | 175% | |
| | Points scored | 62 | 64 | 103% | |
| U15G | Athletes | 6 | 4 | 67% | |
| | Events | 13 | 9 | 69% | |
| | Points scored | 86 | 28 | 33% | |
| U17G | Athletes | 6 | 5 | 83% | |
| | Events | 13 | 8 | 62% | |
| | Points scored | 81 | 55 | 68% | |
| SW | Athletes | 3 | 6 | 200% | |
| | Events | 10 | 13 | 130% | |
| | Points scored | 66 | 64 | 97% | |
| NS | Athletes | 1 | 6 | 600% | |
| Totals | Athletes | 37 | 51 | 138% | |
| | Events | 90 | 103 | 114% | |
| | Points scored | 622 | 464.5 | 75% | |
| | | | | | |
| | Officials points | | | *#DIV/0! | |
| | Total Points | 622 | 464.5 | 75% | |

• EYAL Braintree 5 May

- o Can't directly compare to EYAL#2 from 2023 as that was in St Albans.
- Compared to Chelmsford- comparable athletes and events but better points scored.
- Definitely missing U17s likely due to exams.

| EYAL Match 2 U13B U15B | Athletes Events | St Albans 2023 3 | Chelmsford 2023 | Braintree | | | |
|------------------------|--------------------|------------------------|--------------------|-----------|-----------------|-----------------|--------|
| | | | 2023 | | | | |
| | | 3 | | 2024 | Delta to EYAL 2 | Delta to EYAL 3 | |
| U15B | Events | | 7 | 7 | 233% | 100% | |
| U15B | | 6 | 17 | 17 | 283% | 100% | |
| U15B | Points scored | 17 | 59 | 85 | 500% | 144% | |
| | Athletes | 3 | 7 | 6 | 200% | 86% | |
| | Events | 5 | 13 | 15 | 300% | 115% | |
| | Points scored | 18 | 62 | 67 | 372% | 108% | |
| U17B | Athletes | 2 | 6 | 4 | 200% | 67% | Exams? |
| | Events | 4 | 10 | 7 | 175% | 70% | Exams? |
| | Points scored | 19 | 46 | 22 | 116% | 48% | Exams? |
| U13G | Athletes | 5 | 6 | 6 | 120% | 100% | |
| | Events | 14 | 12 | 15 | 107% | 125% | |
| | Points scored | 53 | 46 | 71 | 134% | 154% | |
| U15G | Athletes | 5 | 5 | 9 | 180% | 180% | |
| | Events | 13 | 13 | 17 | 131% | 131% | |
| | Points scored | 47 | 39 | 60 | 128% | 154% | |
| U17G | Athletes | 3 | 7 | 6 | 200% | 86% | Exams? |
| | Events | 10 | 16 | 14 | 140% | 88% | Exams? |
| | Points scored | 38 | 69 | 59 | 155% | 86% | Exams? |
| Totals | Athletes | 21 | 41 | 40 | 190% | 98% | |
| | Events | 52 | 81 | 85 | 163% | 105% | |
| | Points scored | 192 | 321 | 364 | 190% | 113% | |
| | Officials points | 15 | 15 | 20 | 133% | 133% | |
| | Total Points | 207 | 336 | 384 | 186% | 114% | |

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 In summary a great start to the season across the 3 events with a definite improvement compared to last year. Increase comms especially in conjunction with the competition target would seem to be having the desired effect in improving our attendance and performance.

SAL

Update: Information provided to Colleen for SAL athletes.

Essex League

 Update: Talie in discussions with Harriers- seems to be progressing well-Preference to flip roles for this year seems to be acceptable. AGM on 15th.

Steeplechase practise

Update: Arranged for 15th at 7.30pm

6. Road Racing Awards

• Update: No proposal yet. Action: JH and AH to come up with a proposal

7. DBS Check

- Justin and Glenn shown as expiring.
 - Glenn to complete first aid 21st May
- Action: SS to follow up as required.

8. Monthly Polls/expenditure approvals

| • | 20/4 | JH | Karen Chumbly Vouchers | £30 | 8-0 | JM |
|---|------|----|---------------------------|--------|-----|--------|
| • | 20/4 | JH | Alison Bennett AC Voucher | £280 | 7-0 | JM, KS |
| • | 30/4 | JH | Crop Top Order | £208.8 | 8-0 | KS |

9. Date of next meeting

13 June 2024, 7:30pm